

# WESTGROVE PRIMARY SCHOOL NO. 5365

## SUNSMART POLICY



### **Rationale:**

Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school.

### **Aims:**

To educate students as to suitable Sunsmart protection strategies.  
To encourage children and staff to protect themselves from the harmful effects of the sun.

### **Implementation:**

- Children will be required to wear School Council approved school uniform, which includes Sunsmart hats (phasing in the soft bucket hat) from the beginning of Sept to the end of April whenever they are outside.
- Staff will act as role models by also wearing sun smart hats and appropriate clothing when outside.
- Appropriate School Council approved school uniform hats for students will be readily available for purchase at the uniform supplier, Rushford's and the school office.
- Children without approved Sunsmart hats will be restricted to play in designated shaded areas. Children who habitually don't bring a hat may be restricted from playing outside.
- Children will be actively encouraged to wear a broad-spectrum water resistant sunscreen (SPF30+).
- Families and visitors to the school are encouraged to act as role models by practising Sunsmart behaviours.
- Whenever possible, outside activities on hot days will be scheduled before 11:00 am.
- The School Council will provide adequate shade structures for students as practicable; particularly over high density play areas such as sand pits and play equipment.
- The school newsfeeds and school assemblies will be used to highlight and reinforce the Sunsmart message.
- Sunsmart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.
- Our school will maintain our accreditation as a Sunsmart school at the Anti-Cancer Council of Victoria.

### **Evaluation:**

This policy will be reviewed as part of the school's review cycle.

This policy was last ratified by School Council on 12 June 2018.